

P.O. Box 47890 Olympia, Washington

www.doh.wa.gov

1-800-525-0127

☐ Heavy-duty aluminum foil

98504-7890

Checklist of Disaster Emergency Supplies

Government agencies will respond to community disasters, but citizens may be on their own for hours, even days, after disaster strikes. You should be prepared to take care of yourself and your family for at least three days.

Emergency survival kit	Sanitation supplies
Store one of these at home, at work and at each child's school or daycare facility.	☐ Large plastic trash bags for trash, water protection
☐ Dry or canned food and drinking water	☐ Large trash cans
for three days (for each person)	☐ Bar soap and liquid detergent
☐ Can opener	☐ Shampoo
☐ First aid supplies and first aid book	☐ Toothpaste and toothbrushes
Copies of important documents (birth certificates, licenses, insurance policies, etc.)	☐ Feminine and infant supplies
	☐ Toilet paper
☐ "Special needs" items for family	☐ Household bleach with no additives
members (infant formula, eye glasses, medications, etc.)	Newspaper — to wrap garbage and waste
☐ A change of clothing	Comfort
☐ Sleeping bag or blanket	Sturdy shoes
☐ Battery powered radio or television	☐ Gloves for clearing debris
☐ Flashlight and extra batteries	
☐ Whistle	Tent
☐ Waterproof matches	Tools
☐ Toys, books, puzzles, games	☐ Ax, shovel, broom
☐ Extra house keys and car keys	☐ Crescent wrench for turning off gas
☐ List of contact names and	☐ Screwdriver, pliers, hammer
phone numbers	Coil of one-half inch rope
Additional items you can store at home for use during an emergency:	☐ Plastic tape and sheeting
	☐ Knife or razor blades
Cooking supplies	Garden hose for siphoning and fire fighting
☐ Barbecue, camp stove, chafing dish	
☐ Fuel for cooking (charcoal, camp stove fuel, etc.)	
☐ Plastic knives, forks, spoons	This fact sheet is part of the <i>Disaster</i> Preparation Handbook 2004 prepared by the Washington State Department of Health and
☐ Paper plates and cups	
☐ Paper towels	

Washington Military Department's Emergency

Management Division.